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*Taharah Dua & Salah*  
*How to pray*

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**Book 3**

tanzeel

Name of Student .....

Start date .....

Teacher .....

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Say 3 times

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Glory be to my Lord, The Great

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Stand up saying Tasmi & Tahmeed



Stand up saying

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Allah hears those who praise him

رَبَّنَا وَلَكَ الْحَمْدُ

Our Lord. And to you belongs all praise

حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

A lot of beautiful blessed praises

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Say Takbir **اللَّهُ أَكْبَرُ** and go to Sajda



Say three times

سُبْحَانَ رَبِّيَ الْأَعْلَى

Glory be to my Lord, the most High

Say Takbir

اللَّهُ أَكْبَرُ

and then sit down

### 35 Dua 3

O Allah I seek refuge  
of you

اللَّهُمَّ أَعُوذُ بِكَ

from the punishment  
of the grave

مِنْ عَذَابِ الْقَبْرِ

And I seek refuge of  
you

وَ أَعُوذُ بِكَ

from the punishment  
of the fire

مِنْ عَذَابِ النَّارِ

And I seek refuge of  
you

وَ أَعُوذُ بِكَ

And from the trials of  
life and death

مِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ

And I seek refuge of  
you

وَ أَعُوذُ بِكَ

from the evil of the  
trial of Dajjal

مِنْ شَرِّ الْمَسِيحِ الدَّجَالِ

اللَّهُمَّ إِنَّكَ عَفُوءٌ

O Allah: You are the forgiver

مُحِبُّ الْعَفْوِ

And you love forgiveness

فَاعْفُ عَنِّي

So forgive me





## 37 Dua Children make for their parents

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رَبَّنَا اغْفِرْ لِي

Oh Allah. Forgive me

وَلِوَالِدَيَّ

and my parents

وَالِلْمُؤْمِنِينَ

And all the Mu'mins

يَوْمَ يَقُومُ الْحِسَابُ

on the day of judgement

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38 If you are worried or have debt say

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اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ

Oh Allah I seek only your refuge from all worry and grief.

وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ

And I seek refuge from being helpless and lazy,

وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ

And I seek refuge from being cowardly and stingy.

وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

And I seek refuge from being overpowered by debt and the oppression of people

اللَّهُمَّ إِنَّا نَسْتَعِينُكَ

*Oh Allah we seek help only from you*

وَنَسْتَغْفِرُكَ

*We ask your forgiveness*

وَنُؤْمِنُ بِكَ

*And we believe in you*

وَنَتَوَكَّلُ عَلَيْكَ

*And we put our trust in you*

وَنُشْنِيْ عَلَيْكَ الْخَيْرَ

*And we worship you in the best manner*

*We pray to you*

## About Tanzeel

Founded in 2007 Tanzeel was established by concerned parents in Tower Hamlets. We wanted an afterschool class specialising in delivering high quality Tajweed and Hifdh blended with Islamic studies.

We wanted a syllabus that would address issues facing the younger generation living in the West, while at the same time focusing in nurturing the Islamic characteristics and morals within our children.

At Tanzeel we strive for excellent academic standards and aim for our students to become ambassadors of Islam.

## About this book

This book is taught at level 2 in Tanzeel on completing Ahsanul Qawaid. It is an introductory Dua book with the aim to start the discussion of salah.

Students at this stage have just begun to read Arabic hence the supplications are presented in large easy to read fonts.

The book touches the basics of Taharah and then does a step by step outline on how to pray 2 units of any prayer. This is then followed by a miscellaneous set of Dua.

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