



Taharah Dua & Salah
How to pray



Book 3
tanzeel

A large, stylized pink graphic resembling a cloud or a series of overlapping circles forms the background for the title "Book 3 tanzeel".

Name of Student

Start date

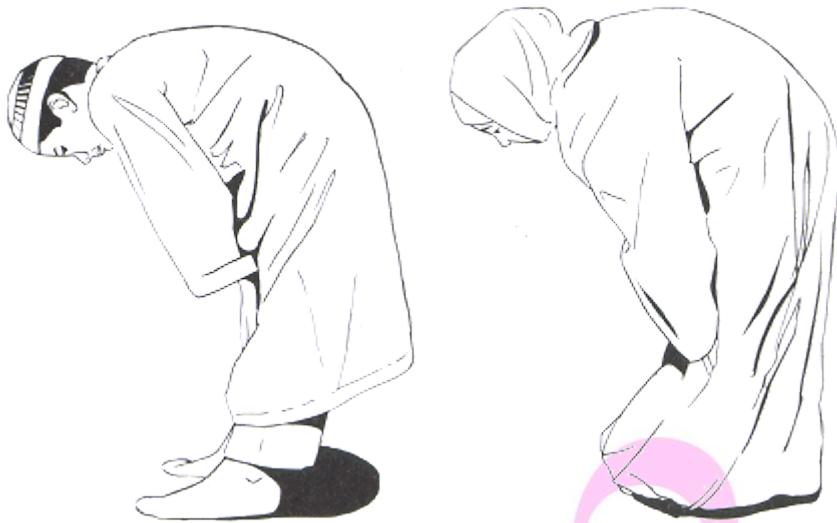
Teacher

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20 Ruku



Say 3 times



Stand up saying Tasmi & Tahmeed

21 Tasmi & Tahmeed



Stand up saying

سَمِعَ اللَّهُ لِمَنْ حَمَدَهُ

Allah hears those who praise him

رَبَّنَا وَلَكَ الْحَمْدُ

Our Lord. And to you belongs all praise

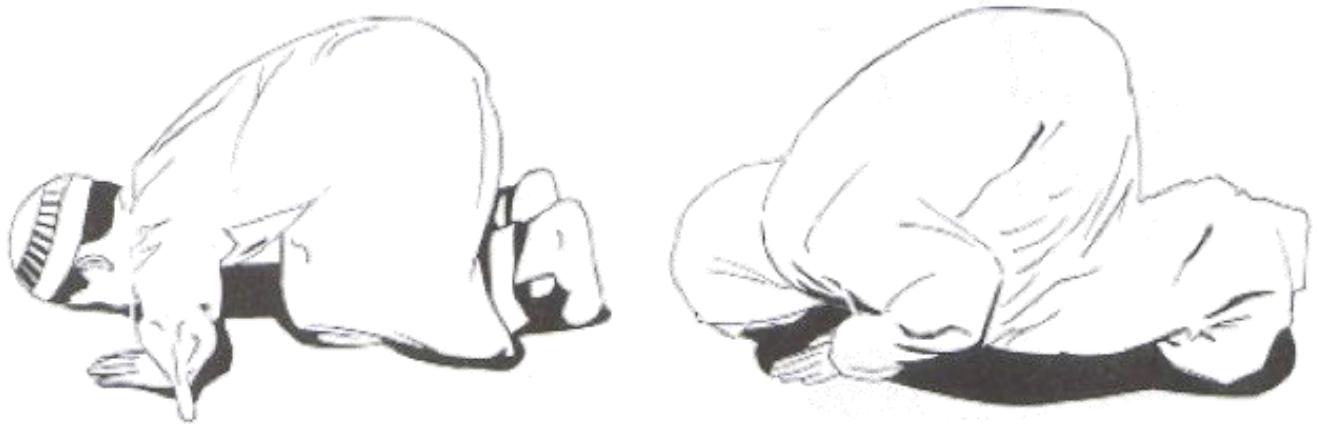
حَمْدًا كَثِيرًا طَيْبًا مُبَارَكًا فِيهِ

A lot of beautiful blessed praises

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Say Takbir **أَللَّهُ أَكْبَرُ** and go to Sajda

22 Sajda



Say three times



Say Takbir **آللّهُ أكْبَرُ** and then sit down

35 Dua 3

O Allah I seek refuge
of you

اللَّهُمَّ أَعُوذُ بِكَ

from the punishment
of the grave

مِنْ عَذَابِ الْقَبْرِ

And I seek refuge of
you

وَأَعُوذُ بِكَ

from the punishment
of the fire

مِنْ عَذَابِ النَّارِ

And I seek refuge of
you

وَأَعُوذُ بِكَ

And from the trials of
life and death

مِنْ فِتْنَةِ الْحَيَا وَالْمَمَاتِ

And I seek refuge of
you

وَأَعُوذُ بِكَ

from the evil of the
trial of Dajjal

مِنْ شَرِّ النَّسِيْحِ الدَّجَالِ

36 Dua in IailatulQadr

اللَّهُمَّ إِنَّكَ عَفُوٌ

O Allah: You are the forgiver

وَتُحِبُّ الْعَفْوَ

And you love forgiveness

فَاعْفُ عَنِّي

So forgive me



37 Dua Children make for their parents

رَبَّنَا اغْفِرْ لِنِّي

Oh Allah. Forgive me

وَلِوَالِدَيَّ

and my parents

وَلِلْمُؤْمِنِينَ

And all the Mu'mins

يَوْمَ يَقُومُ الْحِسَابُ

on the day of judgement

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38 If you are worried or have debt say

اَللّٰهُمَّ اِنِّي اَعُوذُ بِكَ مِنَ الْهَمٍ وَالْحَزَنِ

Oh Allah I seek only your refuge from all worry and grief.

وَأَعُوذُ بِكَ مِنَ الْعُجُزِ وَالْكَسَلِ

And I seek refuge from being helpless and lazy,

وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ

And I seek refuge from being cowardly and stingy.

وَأَعُوذُ بِكَ مِنْ غَلْبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

And I seek refuge from being overpowered by debt and the oppression of people

39 Dua Qunoot

اَللّٰهُمَّ اِنَّا نَسْتَعِينُكَ

Oh Allah we seek help only from you

وَ نَسْتَغْفِرُكَ

We ask your forgiveness

وَ نُؤْمِنُ بِكَ

And we believe in you



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And we put our trust in you

وَ نَتَوَكّلُ عَلَيْكَ

وَ نُشْرِنُ عَلَيْكَ الْخَيْرَ

And we worship you in the best manner

We pray to you

About Tanzeel

Founded in 2007 Tanzeel was established by concerned parents in Tower Hamlets. We wanted an afterschool class specialising in delivering high quality Tajweed and Hifdh blended with Islamic studies.

We wanted a syllabus that would address issues facing the younger generation living in the West, while at the same time focusing in nurturing the Islamic characteristics and morals within our children.

At Tanzeel we strive for excellent academic standards and aim for our students to become ambassadors of Islam.

About this book

This book is taught at level 2 in Tanzeel on completing Ahsanul Qawaид. It is an introductory Dua book with the aim to start the discussion of salah.

Students at this stage have just begun to read Arabic hence the supplications are presented in large easy to read fonts.

The book touches the basics of Taharah and then does a step by step outline on how to pray 2 units of any prayer. This is then followed by a miscellaneous set of Dua.

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